

## **The Model Development of Mental health literacy School (bullying) of Upper Elementary School Students with Participatory in Thairathwittaya 75 Chaloam Phra Kiat School**

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**INTRODUCTION:** The number of Thai students being bullying in schools more than 40 percent, the second highest in the world after Japan. This is consistent with the survey in Thairathwittaya 75 Chaloam Phra Kiat School at Bangkok. There are mental health issues bully issues that will affect academic achievement. Especially in upper elementary school students. Therefore, there was a cooperation in solving mental health problems bully issues by participation between administrators, teachers, parents and community leaders. To develop a systematic model for promoting mental health literacy schools.

**OBJECTIVES:** To study the situation of bullying, To develop a model for promoting mental health literacy schools (bullying) with the participatory of administrators, teachers, parents and community leaders and study on the effects of changes mental health literacy (bullying) in upper elementary school students at Thairathwittaya 75 Chaloam Phra Kiat School.

**METHODS:** Action Research

**RESULTS:** Action Phase, Cycle I: teachers were able to assess mental health with the Hero app 100%. Students were assessed with the Hero app. Is a risk group 63% and problem of bullying 51%. The most bully pattern was verbal bullying 70%. Cycle 2, build mental health literacy among students and teachers in upper elementary school students. After the training to build mental health literacy bully issue, students have increased their knowledge 37.5% and have a model for developing guidelines for managing bullies in schools to be extended to other schools with similar contexts.

**CONCLUSION:** Bullying is a problem that affects physical, mental and academic health. Therefore, there should be a systematic approach to managing bullying behavior for the whole school. Create a screening system in schools if the upper elementary school students have better mental health knowledge, it will result in growing up to be mentally healthy adults. However, further evaluation and effectiveness of the development model for the development of guidelines for bullying in schools should be assessed.